

Walking Football Brisbane Inc Newsletter - Quarter 3, 2023



## Reasons to play walking football

Walking football is a game we can all play and enjoy. Here are some of the fun things about the sport that we might take into account

More .....



### Do you have an eagle eye?

Reckon you have a good eye for detail? Here is your chance to Spot the Ball. Last month's winner - .

More .....



#### Player of the day - Ian Stewart

lan is known as one of the founding fathers of walking football in Brisbane and Northern Suburbs of Sydney.

More .....



#### Simple strategies

We can all learn to play better football. St Helen's have some great training ideas to share with all of us. Enjoy.

More .....



### Walking or running?

Let's settle the definition of "walking" once and for all. Take a detailed look at FA Law 18 Walking. Got it?

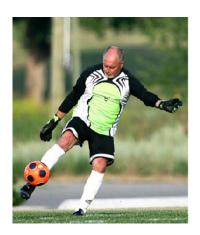
More .....



### **FIFWA Nations Cup**

19 nations, 28 teams, Over 50s and Over 60s competitions over 3 days. Ken Lewis reports.

More .....



# Your story? Your experience? Your say?

We are always keen to hear what you have to say? Comments and tales, accounts and anecdotes, a narrative, a history. Medical insights? Please share or entertain us with your stories:

Letters to the Editor:

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